



**2009**

**EXTRACORPOREAL SHOCK WAVE THERAPY CRITERIA  
(MEDICARE)**

**Extracorporeal Shock Wave Therapy (ESWL)** for the treatment of plantar fasciitis and lateral epicondylitis is a covered Medicare Benefit when **ALL** of the following criteria are met:

- The patient has been symptomatic for at least six (6) months.
- There has been a lack of response for at least the last two months to conservative measures that include rest, physical therapy, anti-inflammatory medications, local corticosteroid injections, heel orthotics or forearm sleeve. (as applicable)
- The procedure will be performed with an FDA approved device. (e.g. Healthtronics Ossatron, Dornier Epos Ultra, Orthospec and Orbasone pain relief System)

The patient would otherwise be considered a candidate for surgical treatment.