



2009

**CONTINUOUS POSITIVE AIRWAY PRESSURE (CPAP)
(MEDICARE)**

ATTENTION: BiPAP, DPAP, VPAP, and AutoPAP are considered medically necessary DME for members who are intolerant to CPAP.

CPAP is considered medically necessary for the treatment of OSA when the sleep study results indicate that **EITHER** of the following criteria is met:

- Member's Apnea-Hypopnea Index (AHI) is greater than or equal to 15; **OR**
- AHI greater than 5 and less than 14 and at least **one** of the following are met:
 - Excessive daytime sleepiness (documented by either Epworth greater than 10 or Multiple Sleep Latency Test (MSLT) less than 6); **OR**
 - Documented symptoms of impaired cognition, mood disorders, or insomnia; **OR**
 - Documented hypertension (systolic blood pressure greater than 140 mm Hg and/or diastolic blood pressure greater than 90 mm Hg); **OR**
 - Documented ischemic heart disease; **OR**
 - Documented history of stroke; **OR**
 - Greater than 20 episodes of oxygen desaturation less than 85% during a full night sleep study, or any one episode of oxygen desaturation less than 70%.